

# Provide First Aid (Includes CPR)

**Unit Code:** HLTAID011

**Unit Name:** Provide first aid (includes HLTAID009 Provide cardiopulmonary resuscitation and optional UETDRRF007 Provide First Aid in an ESI Environment - for electrical workers)

**Status:** Current

## Descriptor:

This unit describes the skills and knowledge required to provide a first aid response to a casualty in line with first aid guidelines determined by the Australian Resuscitation Council (ARC) and other Australian national peak clinical bodies.

The unit applies to all persons who may be required to provide a first aid response in a range of situations, including community and workplace settings.

*Specific licensing/regulatory requirements relating to this competency, including requirements for refresher training should be obtained from the relevant national/state/territory Work Health and Safety Regulatory Authorities.*

## Course Criteria:

- Identification and control of Dangers
- Infection Control
- Basic anatomy & physiology of chest, airway, Breathing, consciousness
- Management of the Unconscious Casualty
- Basic Life Support - DRSABCD
- Cardiopulmonary Resuscitation - Adult & Infant
- Communication of Incident Details
- Use of an Automated External Defibrillator - AED
- Legal, Workplace & community considerations
- State/territory regulations, codes of practice
- Airway Obstruction / Asthma / Anaphylaxis
- Wounds & Bleeds management / Shock
- Cardiac conditions / Heart Attack / Stroke
- Poisons, Bites & Stings
- Fractures, Dislocation, Sprain and Strain
- Spinal Injury / Head injury / Chest injury
- Temperature related conditions / Burns
- Diabetes / Epilepsy / Fainting / Drowning

**Prerequisites:** N/A



# Provide First Aid (Includes CPR)

**Duration:** Initial – 8 hours face to face,  
Refresher – 8 hours face to face

**Location:** ESITC or workplace nominated facility

**Mode of delivery:** Face to face

**Participants:** Individual and group bookings available

## Requirements:

- Basic literacy, numeracy and writing skills are required.
- Ability to perform medium physical tasks.

## Outcome:

- On successful completion of this course, students will be issued with a nationally recognised Statement of Attainment from ESI Training & Consulting Pty Ltd (RTO 45463)

## Other information:

- Successfully complete written and, where required, practical assessments to demonstrate the competency requirements of this unit
- ESITC is responsible for the quality and compliance of the training and assessment in accordance with 'Standards for Registered Training Organisations (RTOs) 2015'
- Please refer to the 'Student Handbook' for further information regarding our policies and procedures.
- Australian Resuscitation Council (ARC) recommends First Aid be refreshed every 3 years and CPR every 12 months

**For further information, please contact ESI Training & Consulting on 03 8789 8783**

